



"Courtney's upper eyelid folds appear higher in her recent photos," adds Dr Tan Ying Chien, Consultant Plastic Surgeon at The Sloane Clinic Plastic Surgery Centre. "This suggests an upper eyelid surgery (known as upper blepharoplasty) to remove excess, droopy eyelid skin, which is usually associated with ageing. This is a common and popular procedure among women after the age of 40."

DID SHE OR DIDN'T SHE?

These celebrities look years younger than their actual age. *The Weekly* asks aesthetic doctors to weigh in on what procedures they may have had done

Courtney Cox
Age: 49
Looks like: 40

Eyes: "It's interesting that she has had surgery on her upper eyelids. In her recent photos, she looks like she has had an upper eyelid surgery (known as upper blepharoplasty) to remove excess, droopy eyelid skin, which is usually associated with ageing. This is a common and popular procedure among women after the age of 40."

Lips: "She might have had fillers injected in her lips as they look very full for her age," comments Dr Karen Soh, Medical Director at Privé Clinic.

Carina Lau
Age: 47
Looks like: 38

Facial contours: "Looking at her defined jawline in recent years, Carina might have had Botox injections to slim down the area," says Dr Low. Dr Soh agrees: "Her early acts have had her succumb into her nano-fabulosity to maintain volume."

Skin: "Carina has aged remarkably well. Her complexion looks radiant, and has a flawless and poreless quality. She is likely someone who has taken good care of her skin with a meticulous skincare regime since she was young," observes Dr Low. "She may also have had non-ablative lasers such as Light Lift, or IPL, to maintain her skin's natural collagen balance, or undergone skin tightening therapies such as Ulthera or Thermage to keep her facial skin looking taut and youthful while staying natural-looking at the same time."

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Nicole Kidman
Age: 46
Looks like: 35

Forehead: "The smooth appearance of her forehead and the lowered positioning of her brows suggest the use of Botox," says Dr Low. "The fact of lines around her eyes also indicates this," adds Dr Soh.

Skin: "Nicole's skin type makes her prone to freckles, yet her recent photos show no signs of sun spots or pigmentary disorders," observes Dr Low. "She may have undergone laser treatments to erase her sun spots."

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