



Knifestyles Of The Rich & Famous

Cosmetic surgery is not just for women. Football star Wayne Rooney's had a hair transplant. TV chef Gordon Ramsay's had his wrinkled chin straightened out. So let's enter the operating room to examine the rise of male cosmetic surgery

TALKING POINT

HAVE THEY GONE UNDER THE KNIFE?

We're not saying they've had work... of course not! But theoretically, what might these good-looking be doing to maintain their eternal good looks? We asked Dr Tan Ying Chien, Consultant Plastic Surgeon at the Sloane Clinic Plastic Surgery Centre.

Then: 2003	Then: 2005	Then: 2007	Then: 2001	Then: 1990
Now	Now	Now	Now	Now

AARON KWOK (Consultant age 38) Looks like 38. Known as one of our "Happiest Kings" in the '90s, the Hong Kong singer and actor has developed such a reputation for his looks over the years that he did in his early days. "He has really kept himself fit and fat - and a healthy lifestyle helps in maintaining skin quality," Dr Tan says. "His face is tight. You don't see signs of skin sagging, so he may have had some skin-tightening laser procedures."

BAE YONG JOON (Consultant age 32) Looks like 32. This Korean actor went to further after his role in the 2002 TV drama Winter Sonata and he has debuted female fans all across Asia. Most guidelines and cheeks sag with age, but not for Yong Joon. "His cheeks seem pretty full for his age, the light reflects off them - you see this effect when cheeks are moisturized with Botox," Dr Tan says. "To get this effect a man could get laser treatments for maximum collagen levels, and perhaps some Botox."

TAKE SHI KANESHIRO (Consultant age 32) Looks like 32. From his early days as a teeny-bopper singer, Takeishi has become a long way, becoming the "Singaporean model." "I don't think that he's had any cosmetic work," says Dr Tan. "He looks a little older. His eyebrows and lids are a little lower, which is natural with age. So he's definitely aged."

SIMON COWELL (Consultant age 53) Looks like 45. The straight-talking judge on American Idol from 2002 to 2010 who misses no words became famous for his sharp criticism of the show's contestants. Simon admits to using Botox on his face, but will not let on to how much. "He's had Botox done around his eyes. And his forehead is also unusually smooth. He could have had laser treatments like Thermage or Ulthera to firm and lift skin," says Dr Tan.

STEVE MARTIN (Consultant age 69) Looks like 69. This American actor and playwright is best known for his comedy roles in Father of the Bride and Cheaper by the Dozen. "Dr Tan says, 'His face is less angular than before, so he has just got weight. But he's also quite thin now so Steve might have had Botox around the eyes and forehead.' 'He looks like a man who has had a facelift and eyelid surgery,'" says Dr Tan. "Steve's eyebrows look well and his cheeks are quite high for his age."

"I don't think that he's had enhancement done," says Dr Tan. "He looks a little older. His eyebrows and lids are a little lower, which is natural with age. So he's definitely aged... but he's aged well."

Dr Tan comments, "He's had Botox done around his eyes. And his forehead is also unusually smooth. He could have had laser procedures like Thermage or Ulthera to firm and lift skin"

Dr Tan Ying Chien, Consultant Plastic Surgeon at the Sloane Clinic Plastic Surgery Centre, also sees 15 to 20 per cent more male patients today compared to two years ago.

"Men are usually more concerned about the body than the face," he says. "Liposuction makes up about 65 per cent of our work for male patients. It's usually the tummy, or to fix the problem known as 'male breasts'. Eyelid surgery, rhinoplasty for the nose and eye bag removal surgery account for the other requests from men."

TALKING POINT

A NOSE JOB

Macho Manchester United football star Wayne Rooney (above) admitted via Twitter that he had a \$50,000 hair transplant at 29 years of age.

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Picture Perfect
According to the British Association of Aesthetic Plastic Surgeons, 991,138 men had some form of male - up 11.2 per cent from the year before. A facelift had the lowest reduction, or "weak job," up by nearly a third. There are double-digit increases in brow lifts and neck lifts, and a 10 per cent increase in eyelid surgery. The cut-over has a 10 per cent increase in the old-age group. Meanwhile, there was a 10 per cent increase in surgical procedures on men, outstripping women by five per cent.

Sculpting Masculinity
Twenty years ago, male grooming was straightforward. Hair styled in a dapper of hair gel and some side, they are following celebrities like Jason Statham, who admits to using Botox, or actor Michael Biehn, who admits to "sexual procedures," including a facelift.

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